



2018 - Bonaqua C3fit Action SPRINT Trail Series REPULSE BAY (March 24, 2018) 14KM Overall Top 5 & Category Top 3

Cat Position	Overall Position	Race Number	First Name	Last Name	CP 1	Split	Finish Time	Category	Nationality
Overall Individual Solo Men Top 5									
1	1	151	Ryan	Whelan	00:59:33	0:15:25	01:14:58	Individual Solo Male (30-39)	United Kingdom
2	2	123	Bryan	Crane	00:59:55	0:15:43	01:15:38	Individual Solo Male (30-39)	Canada
3	3	114	Thomas	Kitwood	01:01:34	0:16:20	01:17:54	Individual Solo Male (30-39)	United Kingdom
4	4	133	Koene	van Aalst	01:02:44	0:16:06	01:18:50	Individual Solo Male (30-39)	Netherlands
5	5	182	Andrew	Graham	01:02:59	0:16:47	01:19:46	Individual Solo Male (40-49)	Australia
Overall Individual Solo Women Top 5									
1	20	35	Stephanie	Roland	01:09:48	0:18:40	01:28:28	Individual Solo Female (30-39)	Namibia
2	24	252	Angelika	Hahn	01:12:25	0:19:05	01:31:30	Individual Solo Female (40-49)	Germany
3	28	249	Laura	Holden	01:13:45	0:19:11	01:32:56	Individual Solo Female (30-39)	United Kingdom
4	43	280	Nicole	Kuan	01:16:29	0:21:35	01:38:04	Individual Solo Female (14-19)	Hong Kong
5	48	32	Charlotte	Taquet	01:17:49	0:21:33	01:39:22	Individual Solo Female (30-39)	France
Individual Solo Men (14-19) Top 3									
1	31	91	tszhin	chan	01:14:23	0:19:36	01:33:59	Individual Solo Male (14-19)	Hong Kong
2	75	92	Ming Chun	Hui	01:25:16	0:23:51	01:49:06	Individual Solo Male (14-19)	Hong Kong
3	139	93	Ka Lai	Li	01:23:05	0:45:18	02:08:23	Individual Solo Male (14-19)	Hong Kong
Individual Solo Men (20-29) Top 3									
1	11	282	Maxime	Le Bras	01:07:47	0:16:45	01:24:32	Individual Solo Male (20-29)	France
2	19	283	Tsz Chun	Au Yeung	01:09:20	0:18:59	01:28:19	Individual Solo Male (20-29)	Hong Kong
3	22	107	Florent	Andreytchenko	01:10:56	0:17:57	01:28:53	Individual Solo Male (20-29)	France
Individual Solo Men (30-39) Top 3									
1	1	151	Ryan	Whelan	00:59:33	0:15:25	01:14:58	Individual Solo Male (30-39)	United Kingdom
2	2	123	Bryan	Crane	00:59:55	0:15:43	01:15:38	Individual Solo Male (30-39)	Canada
3	3	114	Thomas	Kitwood	01:01:34	0:16:20	01:17:54	Individual Solo Male (30-39)	United Kingdom
Individual Solo Men (40-49) Top 3									
1	5	182	Andrew	Graham	01:02:59	0:16:47	01:19:46	Individual Solo Male (40-49)	Australia
2	7	209	David	Li	01:06:04	0:17:36	01:23:40	Individual Solo Male (40-49)	Hong Kong
3	8	196	Bayden	Russell	01:05:19	0:18:25	01:23:44	Individual Solo Male (40-49)	Australia
Individual Solo Men (50-59) Top 3									
1	37	238	Adam	Crawford	01:17:06	0:19:52	01:36:58	Individual Solo Male (50-59)	Australia
2	40	228	Luigi	Hayashibara	01:17:52	0:19:54	01:37:46	Individual Solo Male (50-59)	Japan
3	44	272	Martin	McGovern	01:17:36	0:20:49	01:38:25	Individual Solo Male (50-59)	Ireland

Individual Solo Men (60+) Top 3

1	63	245	SHEK	KONG	01:23:34	0:21:43	01:45:17	Individual Solo Male (60+)	Hong Kong
2	92	247	HERMANN	CHU	01:28:01	0:27:10	01:55:11	Individual Solo Male (60+)	Hong Kong
3	99	246	Lap Man	Suen	01:31:54	0:25:21	01:57:15	Individual Solo Male (60+)	Hong Kong

Individual Solo Women (14-19) Top 3

1	43	280	Nicole	Kuan	01:16:29	0:21:35	01:38:04	Individual Solo Female (14-19)	Hong Kong
2	151	290	Chung	Ka Man	01:41:15	0:29:34	02:10:49	Individual Solo Female (14-19)	Hong Kong
3	165	1	Sofie	Salgado	01:47:55	0:27:43	02:15:38	Individual Solo Female (14-19)	Brazil

Individual Solo Women (20-29) Top 3

1	69	15	Olivia	Brocklehurst	01:27:00	0:20:08	01:47:08	Individual Solo Female (20-29)	United Kingdom
2	101	7	Saara	Suojanen	01:33:55	0:23:53	01:57:48	Individual Solo Female (20-29)	Finland
3	114	18	Tessa	Robertson	01:36:21	0:25:12	02:01:33	Individual Solo Female (20-29)	United States

Individual Solo Women (30-39) Top 3

1	20	35	Stephanie	Roland	01:09:48	0:18:40	01:28:28	Individual Solo Female (30-39)	Namibia
2	28	249	Laura	Holden	01:13:45	0:19:11	01:32:56	Individual Solo Female (30-39)	United Kingdom
3	48	32	Charlotte	Taquet	01:17:49	0:21:33	01:39:22	Individual Solo Female (30-39)	France

Individual Solo Women (40-49) Top 3

1	24	252	Angelika	Hahn	01:12:25	0:19:05	01:31:30	Individual Solo Female (40-49)	Germany
2	59	69	Fely	Bejuna	01:21:22	0:22:09	01:43:31	Individual Solo Female (40-49)	Philippines
3	61	79	Sylvia	Evans	01:22:30	0:21:56	01:44:26	Individual Solo Female (40-49)	United States

Individual Solo Women (50-59) Top 3

1	58	85	Yeung	Mei Lun Melissa	01:20:55	0:22:25	01:43:20	Individual Solo Female (50-59)	Hong Kong
2	130	88	Corinna	Wong	01:40:05	0:26:31	02:06:36	Individual Solo Female (50-59)	Hong Kong
3	140	90	Mary	Eckstein	01:40:57	0:27:37	02:08:34	Individual Solo Female (50-59)	United States